

I'M NOT OKAY (I PROMISE)

As recorded by My Chemical Romance

(From the 2004 Album THREE CHEERS FOR SWEET REVENGE)

Transcribed by James Martyn

Wor
Mus

A Intro

♩ = 180
D

1

Gtr I

T	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7
A	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7
B	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5

Gtr II

P.M.-----|

T				
A	7	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7	7 7 7 7 7 7 7 7
B	5	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5

5

D A G F#

T	19 19 19 19 19 19 19 19	14 14 14 14 14 14 14 14	12 12 12 12 12 12 12 12	11 11 11 11 11 11 11 11
A	17 17 17 17 17 17 17 17	12 12 12 12 12 12 12 12	10 10 10 10 10 10 10 10	9 9 9 9 9 9 9 9
B	17 17 17 17 17 17 17 17	12 12 12 12 12 12 12 12	10 10 10 10 10 10 10 10	9 9 9 9 9 9 9 9

T				
A	7 7 7 7 7 7 7 7	6 6 6 6 6 6 6 6	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7
B	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5

B Verse 1

(D)

21

P.M.-| P.M.-| P.M. P.M.-| P.M. P.M.-| P.M.-| P.M.-| P.M. P.M.-| P.M.

T													
A	7	7	7	7	7	7	7	6	6	6	7	6	7
B	5	5	5	5	5	5	5	5	5	5	5	5	5

f
P.M.-----|

T													
A	7	7	7	7	7	7	7	7	7	7	7	7	7
B	5	5	5	5	5	5	5	5	5	5	5	5	5

(D)

25

P.M.-| P.M.-| P.M. P.M.-| P.M. P.M.-| P.M.-| P.M.-| P.M. P.M.-| P.M.

T													
A	7	7	7	7	7	7	7	6	6	6	7	6	7
B	5	5	5	5	5	5	5	5	5	5	5	5	5

P.M.-----|

T													
A	4	4	4	4	4	4	4	4	4	4	4	4	4
B	2	2	2	2	2	2	2	2	2	2	2	2	2

(D)

29

P.M.-| P.M.-| P.M. P.M.-| P.M. P.M.-| P.M.-| P.M.-| P.M. P.M.-| P.M.

T											
A	7	7	7	7	7	7	7	6	6	6	7 6 7 6 7
B	5 5	5 5	5 5	5 5	5 5	5 5	5 5	5 5	5 5	5 5	5 5

P.M.-----|

T											
A	2	2	2	2	2	2	2	2	2	2	2
B	0	0	0	0	0	0	0	0	0	0	0

(D)

33

P.M.-| P.M.-| P.M. P.M.-| P.M. P.M.-| P.M.-| P.M.-| P.M. P.M.-| P.M.

T											
A	7	7	7	7	7	7	7	6	6	6	7 6 7 6 7
B	5 5	5 5	5 5	5 5	5 5	5 5	5 5	5 5	5 5	5 5	5 5

P.M.-----|

T											
A	7	7	7	7	7	7	7	(6)	(6)	(6)	6 6 6 6 6
B	7 7	7 7	7 7	7 7	7 7	7 7	7 7	7 7	7 7	7 7	7 7

C is for Chorus!

S
D

A

G

F#

37

ff

T				
A	19 19 19 19 19 19 19 19	14 14 14 14 14 14 14 14	12 12 12 12 12 12 12 12	11 11 11 11 11 11 11 11
B	17 17 17 17 17 17 17 17	12 12 12 12 12 12 12 12	10 10 10 10 10 10 10 10	9 9 9 9 9 9 9 9

fff

T				
A	7 7 7 7 7 7 7 7	6 6 6 6 6 6 6 6	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7
B	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5

D

A

G

F#

41

T				
A	19 19 19 19 19 19 19 19	14 14 14 14 14 14 14 14	12 12 12 12 12 12 12 12	11 11 11 11 11 11 11 11
B	17 17 17 17 17 17 17 17	12 12 12 12 12 12 12 12	10 10 10 10 10 10 10 10	9 9 9 9 9 9 9 9

T	3 3 3 3 3 3 3 3	2 2 2 2 2 2 2 2	0 0 0 0 0 0 0 0	3 3 3 3 3 3 3 3
A	4 4 4 4 4 4 4 4	4 4 4 4 4 4 4 4	x x x x x x x x	4 4 4 4 4 4 4 4
B	4 4 4 4 4 4 4 4	4 4 4 4 4 4 4 4	4 4 4 4 4 4 4 4	4 4 4 4 4 4 4 4
B	2 2 2 2 2 2 2 2	2 2 2 2 2 2 2 2	2 2 2 2 2 2 2 2	2 2 2 2 2 2 2 2

77 N.C.

T 15 15 15 15 14 15 (15) 15 14 14 12 14 12 14 12

A

B

T 12 12 12 12 10 12 (12) 12 10 10 9 10 12 10 9 10 12

A

B

T 2 2 2 2 2 2 2 2 4 4 4 4 2 2 4 4

A 2 2 2 2 2 2 2 2 4 4 4 4 2 2 4 4

B 0 0 0 0 x x x x 2 2 2 2 0 0 2 2

81 N.C.

T 17 (17) 16(16) (16)

A 13(13) (13) (13) 13(13) (13)

B 12 14 16 13 14 16 14 15 17 15 14 16

H H H H H P

T 12 12 10 12 10 9 10 9 12 9 12 12 12 (12)

A

B 9 11 12 9 11 13 10 12 9 10 9 12

H H H H H P

T 4 4 4 4 4 4 4 4 4 4 2 2 2 2

A 4 4 4 4 4 4 4 4 4 4 2 2 2 2

B 2 2 2 2 0 0 0 0 4 4 4 4 0 0 4 4

99 **B5** **E5**

P.M.

T			
A	(4)	2	
B	(2)	0	

103 **A5/E**

T			
A		2	(2)
B		(6)	(6)

107 **A5** **H** "Trust me."

P.M.-----|

T			
A	7	7	7
B	5	5	5

I Out-Chorus

109 **D** **A** **G** **F#**

Gtr I

T				
A	19 19 19 19 19 19 19 19	14 14 14 14 14 14 14 14	12 12 12 12 12 12 12 12	11 11 11 11 11 11 11 11
B	17 17 17 17 17 17 17 17	12 12 12 12 12 12 12 12	10 10 10 10 10 10 10 10	9 9 9 9 9 9 9 9

Gtr II

T				
A	7 7 7 7 7 7 7 7	6 6 6 6 6 6 6 6	5 5 5 5 5 5 5 5	7 7 7 7 7 7 7 7
B	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5	5 5 5 5 5 5 5 5

D

1

T				
A	19	(19)	(19)	(19)
B	17	(17)	(17)	(17)

sl.

T				
A	7	(7)	(7)	(7)
B	5	(5)	(5)	(5)

sl.